new day yoga
Yoga from a Christian perspective.

Mt. Bethel Location

The path of the righteous is like the first gleam of dawn, shining ever brighter till the full light of day. Prov. 4:18

SUMMER 2010

The mission of New Day Yoga is to lead people into a fuller life in Christ, led by the Spirit, renewed in mind, and strengthened in body.

New Day Yoga, Inc.
2716 Bent Creek Drive
Kennesaw, GA
30152

Phone:
678.354.1120

E-mail:
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Web:
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New Day Yoga at Mt. Bethel

SUMMER Sessions: 9 Weeks

Session 1 (4 Weeks): May 24 – June 18, 2010
Session 2 (5 Weeks): June 21 – July 30, 2010

MONDAY:

10:00 - 11:15am – Yoga Basics

11:30am - 12:45pm – Gentle Yoga

THURSDAY:

3:30 - 4:45pm – Gentle Yoga

5:00 - 6:15pm – All Levels

Location Information:
Mt. Bethel United Methodist Church, Christian Activities Center
4385 Lower Roswell Road, Marietta, GA 30068
Phone: 770-971-5280
Web: www.mtbethel.org

Financial Information: (Make checks payable to MBUMC.)

One Class/Week:	for Mt. Bethel members	Ses. 1 - $40	Ses. 2 - $50
	for Non-members	Ses. 1 - $48	Ses. 2 - $60
Two Classes/Week:	for Mt. Bethel members	Ses. 1 - $72	Ses. 2 - $90
	for Non-members	Ses. 1 - $80	Ses. 2 - $100

Drop-in Fee: $13 for Mt. Bethel members
$15 for Non-members

Childcare:
Available for the Monday Yoga Basics class only.
Call Evelyn at 678-560-7285 to reserve a space for your child.

Registration Contact:
Dayna Gelinas at New Day Yoga, Inc. or
Caroline Booker at the Christian Activities Center